



# PREVENTION TASK FORCE

*Task Force Chair: Tim Lena Co-Chair: Donna Arias*

**December 4, 2020  
Meeting Minutes**

**Welcome & Introductions**

**Voting Members:** Tim Lena, Donna Arias, Dan Andrus, Jill Burke, Alissa Cannon, Marissa Carlson, Dellie Champagne, Celeste Clark, Traci Fowler, Rick Frost, Lisa Hayward, Betsy Houde, Heather Inyart, Melissa Lee, Susan McKeowan, Sarah Shanahan, Annika Stanley Smith, Jeffrey Stewart

**Absent Members:** Foad Afshar, Shannon Bresaw, Katie Kachavos, Christina Lachance, Erin Pettengill, Rebecca Woitkowski

**Public:** Amy Daniels, Kandyce (Franklin Mayors Taskforce), David Mara, Kim Haley, Mark Lefebvre, Nicole Radler, Christine Breen, Kent Thompson, Gina Redford, Melanie Boyd, Regina Flynn, Anne Crawford, Sean O’Brien, Kate Frey, Eliza Zarka, Karyn Madore, Julie Yerkes, Alexandra Burke

Agenda Item	Discussion	Action Steps
Review & Approval of Minutes	<ul style="list-style-type: none"> <li>The Task Force reviewed October’s meeting minutes.</li> <li>Advised the need to update spelling for Mark Lefebvre (public member) mentioned in the Other Updates/other business section, and to update that Sarah Shannahan did vote yes to get quorum for last months Funding recommendation vote in favor of SAP Motion.</li> <li>Jeffrey Stewart made a motion to accept the minutes as written with the suggested updates. Lisa Hayward seconded.</li> <li>Dan Andrus, Betsy Houde, and Annika Stanley Smith abstained.</li> <li>Everyone else was in favor/unanimous and the motion passed to accept the minutes as written with suggested updates.</li> </ul>	Minutes will be available on the Center for Excellence website.
January Retreat Preparation: Subcommittees; funding recommendations - Tim Lena	<ul style="list-style-type: none"> <li>Tim introduced the January 20, 2021 retreat 1-4p, and requested volunteers to chair/co-chair committees through the lifespan of the subcommittee or at least through the retreat.</li> <li>To prepare the Prevention Budget ask for the next two years, to present to the commission in the February Meeting. Set aside some time in January for the retreat to refine our funding priority asks. We will also be having a report out on Friday from Jill on the current state of our prevention contracts, and which existing programs may have viable sustainability plans.</li> <li>Tim made a case to try to grow the investment in prevention beyond our double down proposal from last biennium, given that Treatment and Recovery should be able to</li> </ul>	

	<p>access other funding streams through the Medicaid expansion, and that original intent of the alcohol fund was to expand prevention and education.</p> <ul style="list-style-type: none"> <li>● Attendees volunteered as follows: <ul style="list-style-type: none"> <li>○ Systems - Environmental strategy, coalitions <ul style="list-style-type: none"> <li>■ Melissa Lee and Traci Fowler - Co-chairs</li> </ul> </li> <li>○ Early Childhood <ul style="list-style-type: none"> <li>■ Sarah Shanahan and Dellie Champagne - Co-chairs</li> <li>■ Additional members: Susan McKeown, Mark Lefebvre</li> </ul> </li> <li>○ Child and Adolescent <ul style="list-style-type: none"> <li>■ Rick Frost and Donna Arias - Co-chairs</li> <li>■ Additional member - Marissa Carlson</li> </ul> </li> <li>○ Emerging/Young Adult <ul style="list-style-type: none"> <li>■ Lisa Hayward and Rick Frost - Co-chairs</li> <li>■ Additional members: Annika Stanley Smith, Regina Flynn</li> </ul> </li> <li>○ Adult and Older Adults <ul style="list-style-type: none"> <li>■ Betsy Houde and Dan Andrus - Co-chairs</li> <li>■ Jill Burke to help onboard a chair/co-chair as needed</li> </ul> </li> </ul> </li> </ul>	
<p>Current Prevention Funding Landscape - Jill Burke, BDAS</p>	<ul style="list-style-type: none"> <li>● Jill went through entire BDAS Prevention Contracts list (113 listed projects)</li> <li>● BDAS receives a lump sum every year based on block grant and is allocated to community partners for both treatment and prevention.</li> <li>● All of these contracts expire on 6/30/21 and do not have present authority to continue, but will have more information by March if contract will continue <ul style="list-style-type: none"> <li>○ SAMHSA treatment</li> <li>○ Prevention task force - prevention has been represented on Governor's Commission for the past two years</li> <li>○ Partnership for Success (ends 6/30/21 and expires, no extension, no other grant opportunities at this time) discretionary grant from SAMHSA for young adults/youth 12-15 yrs, aim to prevent/reduce substance use</li> <li>○ State opioid response grant</li> <li>○ State targeted response has ended, but does fund some programs into next year</li> </ul> </li> </ul>	

	<ul style="list-style-type: none"> <li>○ Other funding: Medicaid, and through partners/sister agency (Overdose data to action)</li> <li>● Current recommendations (listed in Gov. Comm column in BDAS sheet): <ul style="list-style-type: none"> <li>○ ACES within Domestic Violence Crisis centers - expires 6/30/21</li> <li>○ Center for Excellence - funding from bureau for PFS, SOR, state targeted finding, admin support to all sub committees, also identify SME for retreats and other areas</li> <li>○ Family Support Coordinator for families with SUD - delivered through family resource center</li> <li>○ Juvenile court diversion services contract - up to 17 accredited programs</li> <li>○ Student assistant programs -Part of partnership for success - some funded through pfs or block grants, ends on 6/30/21</li> <li>○ Block grant programs expire on 6/30/21</li> <li>○ 2 SAP programs that are funded: Nashua North &amp; Nashua South - Youth council</li> <li>○ 5 prevention direct services</li> <li>○ Upper room</li> <li>○ Boys and Girls Club of Greater Salem</li> <li>○ Prev certification board - Peer mentoring</li> <li>○ Through family resource centers: Kinship navigator program for older relative caregivers, 45+, that have guardianship of child due to parent with SU, 10 program across state, partnership with nh children's trust</li> <li>○ State opioid response grant: mobile crisis units, opioid related consequences within the home. Nashua mental health ctr, Manchester mental health ctr</li> <li>○ Peer recovery support services and parenting education for PPW in recovery. Individuals with lived experience (result of an open case with div of children and youth families, case is closed, living with recovery) work to help reduce stigma/shame with having an open case. Liaison to dept of health human services</li> <li>○ SOR - Workforce readiness and vocational training, working with people with OUD</li> <li>○ Strength to succeed (SSS)</li> </ul> </li> </ul>	
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	<ul style="list-style-type: none"> <li>○ DPHS - support home visiting models, 4 contracts reaching vulnerable pops</li> <li>○ Life of an Athlete</li> <li>○ Administration of the wire BS - develop school level reports, and communities as they relate to diff cross tabs</li> <li>○ Surveillance and related activities to youth access to tobacco/alcohol</li> <li>○ Regional public health network: Contract will be extended for another year. Due to covid epidemic, need to continue work to make sure communities have readiness to access. Also deploy emergency preparedness and immunization team to vaccinate. 11 of public health networks are focusing programs</li> <li>○ Resource Education Assistance and Prevention program (REAP): Older adults mental health and substance misuse. 4 MOUs with partners at NH Dept of education. School climate grant transformation program. Multitiered sys supp grant - Purple star - NH national guard, NH dept of ed, support youth in public schools that are part of the military (new). Curriculum dev and support MOU</li> <li>○ Tobacco compliance - MOU with div of liquor enforcement</li> <li>○ Alcohol Compliance - MOU with DLE</li> </ul> <ul style="list-style-type: none"> <li>● Well-rounded approach, there are some populations that are not targeted. A lot of this work couldn't happen without support from the Prevention Task Force</li> </ul> <p>Discussion:</p> <ul style="list-style-type: none"> <li>● Tim - block grant and PFS is going away June 30,2021 but may be extended to pandemic</li> <li>● If another Partnership For Success opp comes through SAMHSA, wouldn't know until Sept if get it. Would be in place by next state FY - starting on July 1 2022. if RFP comes out in March, would have a better idea if agencies would look to cover 1 yr of funding or longer term</li> <li>● Total amount of funding in block grant for student assistance ~\$2.1million annually. With our double down proposal we could get up to 3M</li> </ul>	
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	<ul style="list-style-type: none"> <li>● Delli requested direction on what schools have SAPs. Jill sent doc to Julie with the school list. State funded schools. Tim can get the prevention landscape from 2 yrs ago with a full school list.</li> <li>● Traci suggests putting a placeholder on the conversation about 2022. Are coming up on the charitable foundation 10yr contract end. Commitment has a standing end. Due to the pandemic, end is not concrete. Need eyes on how that will look when ends - includes public health network, prevention network, Life of an Athlete</li> </ul> <p>Current trends/gaps/plant the seeds:</p> <ul style="list-style-type: none"> <li>● YRBS data from last few years shows a significant increase in youth reporting concerns regarding mental health and familial mental health concerns</li> <li>● Continuous increase in perception of risk related to marijuana</li> <li>● Increase of perception of use of tobacco/vape products</li> <li>● Not significant \$ for tobacco prevention, just compliance <ul style="list-style-type: none"> <li>○ look to other coalition for support</li> </ul> </li> <li>● Other strategies going away, looking at 2015 and 2019 young adult population significant rates of homelessness, social determinants of health are oftentimes not being met, homelessness/housing security/food scarcity - unprecedented amount of SU. NH ranks highest in new england and nationally among 18-25 population</li> <li>● Increase hospital admissions for adult male intoxication</li> <li>● Increase in older women (45+) mental health situations</li> <li>● At the population level: distinct age populations, need more for: lgbtq, children of incarcerated parents, poly substance misuse, MH concerns in youth/adolescents, stigma and shame</li> <li>● Data showing for success: looking at preK home visiting models, headstart, skillbuilding, language and talk about feelings, giving children language and ability to express in age appropriate way, help with resiliency/skills to say no, parent education component for HeadStart</li> <li>● Gov com has a data and evaluation TF <ul style="list-style-type: none"> <li>○ can filter through Jill to advise that committee to identify data sources for this</li> </ul> </li> <li>● Lisa advised her office is meeting with constituents across states, working on toolkit to work with children of incarcerated parents. Working on comorbidities for this</li> </ul>	
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<p>Commission Funded Program Presentation: YLTA, WYLD - Sean O'Brien</p>	<ul style="list-style-type: none"> <li>• Youth Leadership Through Adventure (<a href="#">Dropbox video link</a>) (YLTA)</li> <li>• Sean O'Brien introduced YLTA as a student-led program to plan and implement substance misuse prevention and awareness programs based on positive youth development. Mission to empower youth to lead and promote benefits of healthy lifestyle, reduce substance misuse, improve overall school climate in every school of the North Country of NH.</li> <li>• Year round program, Summer program picked up kids in vans to do outdoor activities like mountain biking, canoeing and hiking, also snacks, journaling, ~7 hrs/day, zero COVID cases over summer</li> <li>• Current WYLD program, 4 staff, 99 students, 10 students per programming.</li> <li>• Have a school day program as an alternative to suspension. Kids get half art credit, half PE credit. Goal to work to get schools to contract to provide these services</li> <li>• Partnered with STEMfolio app to get students job skills, App specific to WYLD job skills in outdoor recreational field</li> <li>• Currently in 20 schools in Central and Northern NH</li> <li>• Criteria for acceptance: Prevention screening process (was a prior barrier), now it's a referral from student assistance or counselor (fill out incognito form)</li> <li>• Service to science Program - student facilitator guide, ex: Sam Shamberger was part of WYLD program from 6th grade, now in college and did final internship with Sean. 12 years in the program. Worked on creating a journal manual for students and WYLD TA leaders, containing info pages on community outreach, improving school climate, leadership/communication skills. Users will follow manual and list within the journal</li> <li>• Program needs: sustainability plan to have school buy into the program, which would allow for school to provide paraprofessional support to work with YLTA program facilitators and cut down costs. Need a storage space for gear and place to park vehicles, don't need an office since it is a direct service organization that provides staff and gear</li> </ul>	
<p>Commission Funded Program Presentation: <a href="#">Partnership@Drugfree.NH</a> -</p>	<ul style="list-style-type: none"> <li>• Karyn Madore presented on the partnership (12 staff from Community Health Institute, 1.5 FTE) mission to make NH citizens aware of substance misuse.</li> <li>• Acting on original partnership with Bureau of Drug and Alcohol Services to plan for grants, revamping drugfreeNH.org website, supporting BDAS funded prevention</li> </ul>	

<p>Karyn Madore, Center for Excellence</p>	<p>campaigns, providing communication training through the Center of Excellence, collaborating with UNH on Prevention Conference, October 6, 2021</p> <ul style="list-style-type: none"> <li>● Can get involved by: participating in monthly meetings, give input to partner activities, help identify partners/resources, support partnership conference, complete partnership survey to inform content, collaborate on promotion of prevention activities (digital/social media), potential funding opportunities</li> <li>● Current NH prevent campaigns on website <ul style="list-style-type: none"> <li>○ BDAS bingfree 603 - stopping binge drinking, sobercurious campaign</li> <li>○ Save your breath - vaping campaign</li> <li>○ NHCF &amp; BDAS - Today is for me - marijuana and pregnancy</li> <li>○ SOR funded - Doorway campaign: Funded to be the 3rd iteration of Anyone Anytime</li> </ul> </li> <li>● Kate Frey mentioned if interested to participate in the coalition - go to drugfreenh.com website and sign up, working to get this active for Jan 2021. Traci encourages the new members of the Prevention TF to sign up in January. Will also email survey plus other information</li> <li>● Partner engagement tool is also being finalized - will have ways to engage with the partnership, informed campaigns, social media toolkits, training and TA</li> </ul>	
<p>Prevention Work - UNH Extension SAMHSA Grant - NH Opioid Prevention Project - Melissa Lee, UNHCE</p>	<ul style="list-style-type: none"> <li>● Melissa Lee collaborated with a colleague for RFP for rural opioid technical assistant grant from SAMHSA.</li> <li>● Goal to to build on existing opioid prevention infrastructure in NH to increase community level opportunities to engage in prevention activities including: chronic pain (physical and mental) self-management program, online education, skill building for parents, training for healthcare professionals on prevention of opioid misuse and alternative pain management strategies for patient populations</li> <li>● Three approaches to meet goal, 2 year funding stream <ul style="list-style-type: none"> <li>○ Deliver - building up network of chronic pain self management, create participant toolbox, aim to reduce use of opioids/alternative pain management strategies, proper use of medication, goal to increase extension capacity, leader training</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>●</li> </ul>

	<ul style="list-style-type: none"> <li>○ Implement - hosting a project ECHO experience, virtual learning community for health care providers, increasing skills in addressing chronic pain needs through low risk strategies preventing possible opioid misuse</li> <li>○ Strengthen - working with NH CHI to establish a resource hub for opioid prevention, including short videos and tools housed on partnership website. Some funds to support Prevention Conference</li> <li>● Funding from SAMHSA Rural Opioid Technical Assistance Program and partnering with: University of New Hampshire Institute of Health Policy and practice, NH Department of Health and Human Services Bureau of Drug and Alcohol Services and Bureau of Elderly Adult Services, JSI Research &amp; Training Institute, Inc. and Southern NH Area Health Education Center</li> </ul>	
Legislative Updates	<ul style="list-style-type: none"> <li>● Dellie advised of no legislative updates</li> <li>● Suggested to visit website to check out 5 point plan, focus areas for session</li> </ul>	
Other updates/other business	<ul style="list-style-type: none"> <li>● A reminder that public members can be involved in committee work</li> <li>● Additional support for juvenile court diversion needs, and other identified gaps - Request have additional people joining subcommittees to help identify other gaps</li> <li>● Request for slideshare to be sent to public members - email Julie Yerkes and she will respond</li> <li>● Dellie introduced the NH Kid Governor, 5th grade program <ul style="list-style-type: none"> <li>○ Kids work with legislators on 3 point profile to enhance platform</li> <li>○ Charlie Olson won this year with depression platform - what happens when you are depressed, symptoms of depression, and talking about depression at an elementary level. To be on National news with Lester Holt. Also had a meeting with him on New Futures</li> <li>○ Dellie to send Charlie's winning video clip</li> </ul> </li> <li>● Jill will have separate meeting to prepare for subcommittee work as retreat is Jan 20, prior to the next Prevention meeting in February</li> <li>● Celeste - SAM January 14, 2021</li> <li>● Wrap Up - Jeff made a motion to adjourn <ul style="list-style-type: none"> <li>○ Yes: Tim, Jill, Marissa, Delli, Traci, Rick, Lisa, Betsy, Heather, Melissa, Susan, Sarah, Anni, Donna</li> </ul> </li> </ul>	



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|  | ○ Quorum is met 14 (need 13) |  |
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**Next Meeting: February 5, 2021 from 9:30am to 11:30am at Community Health Institute/JSI (Virtual)**

**Zoom Information: <https://jsi.zoom.us/j/96110592474?pwd=UEI2UEdkeW5jWE5hbTcrU2JZUVJQZz09>**

**Meeting ID: 961 1059 2474**