



# PREVENTION TASK FORCE

Governor's Commission on Alcohol and other Drugs

Task Force Chair: *Tim Lena* Co-Chair: *Shannon Bresaw*

August 7, 2020  
Meeting Minutes

<p>Welcome &amp; Introductions</p>	<p><b>Participants:</b> Tim Lena, Shannon Bresaw, Julie Yerkes, Jessie Daigneault, Anna Ghosh, Katy Shea Morgan, Nicole Rodler, Kerran Vigroux, Donna Arias, Melissa Lee, Annika Stanley-Smith, Sara Bresslin, Lisa Hayward, Kate Frey, Kaycee Reagan, Eliza Zarka, Susan McKeown, Dellie Champagne, Betsy Houde, Marissa Carlson, Rebecca Woitkowski, Aron Silvestre, Traci Fowler, Sarah Shanahan, Rick Frost, Celeste Clark, David Mara, Katie Brissette, Heather Inyart, Jill Burke</p>	
<p><b>Agenda Item</b></p>	<p><b>Discussion</b></p>	<p><b>Action Steps</b></p>
<p>Review &amp; Approval of Minutes</p>	<ul style="list-style-type: none"> <li>• The Task Force reviewed June’s meeting minutes.</li> <li>• Rick Frost made a motion to accept the minutes as written. Sara Bresslin seconded.</li> <li>• Celeste Clark, Betsy Houde, and David Mara abstained.</li> <li>• Everyone else was in favor and the motion passed to accept the June minutes as written.</li> </ul>	<p>Minutes will be available on the Center for Excellence website.</p>
<p>Service to Science Project Updates – <i>Katy Shea Morgan and Julie Yerkes</i></p>	<ul style="list-style-type: none"> <li>• Service to Science Project has been implemented for the last 10 years with the Center for Excellence.</li> <li>• The project provides a process where programs can apply to and receive technical assistance (TA) to become an evidence-based program.</li> <li>• The purpose of the project is to provide a structured process for NH based grassroots prevention programs to become evidence-based.</li> <li>• Programs go through an application process. The expert panel acts as an advisory board to determine if they meet the criteria to become an evidenced based program in NH.</li> <li>• The expert panel includes Marissa Carlson, Dr. Dean Cascadden, Sandra Del Sesto, Valerie Morgan, Jenny O’Higgins, Jill Burke, Julie Yerkes, and Katy Shea Morgan.</li> <li>• There are three levels of endorsement: innovative, promising practice, and evidence-based.</li> <li>• The first level, innovative program, is for programs that address an identified problem and have been developed in response to an unmet prevention need.             <ul style="list-style-type: none"> <li>○ These programs are implemented by an established group or organization that fills a previously unmet need.</li> </ul> </li> </ul>	

	<ul style="list-style-type: none"> <li>○ They are founded by existing research and behavior change theory, implemented in a way that can be replicated, and addresses and impacts risk and protective factors linked to substance misuse.</li> <li>○ Program evaluation has been considered and or there is a desire to expand evaluation efforts;</li> <li>○ The process is as follows: 1) the program is identified, 2) an initial TA meeting held, 3) a screening survey is completed and reviewed, 4) if the program meets criteria, they will receive ongoing TA.</li> <li>○ There is currently only one program at this level: Juvenile Court Diversion, which presented to the expert panel in December 2019 and June 2020.</li> <li>● The second level, promising practice, provides an explanation of the need for the program and a description of the theory and/or research base on which the program and practice rationale is based. <ul style="list-style-type: none"> <li>○ The program is thoughtfully designed and is aligned with the intended outcomes, program implementation is demonstrated, evaluation design has been developed, pilot outcomes have been collected;</li> <li>○ The process includes 1) a program developer/evaluator presents to the Expert panel, 2) uses promising practice criteria scoring sheet to score program and provide feedback, 3) then TA is provided as needed.</li> <li>○ There are currently four programs, with the most recent including Children’s Resiliency Retreat, which was endorsed on June 15 2020. Additional programs include Youth Leadership through Adventure, Teen Institute Summer Program, and Making Change.</li> </ul> </li> <li>● The third level, evidence based, measures key outcomes and have achieved meaningful results, ensuring participant satisfaction is measured and achieved. <ul style="list-style-type: none"> <li>○ The results are disseminated and used for quality assurance.</li> <li>○ The process includes submitting written and presenting materials to the expert panel to demonstrate that evidence based criteria are met.</li> <li>○ Current evidence-based programs include Take Control, One Voice Youth to Youth, and NH Life of an Athlete.</li> </ul> </li> <li>● Seed and Growth funds for NH programs provides \$200K and is a process, to help</li> </ul>	
--	--	--

	<p>programs get started in the Service to Science process, move forward in the process, and to expand and have a deeper impact.</p> <ul style="list-style-type: none"> <li>• Outreach includes emailing program contacts and conducting follow up phone calls. Technical assistance was available for every applicant.</li> <li>• 8 NH programs applied to the Service to Science program, including Juvenile Court, Making Change, NH Teen Institute, ADAPT, Children’s Resiliency Retreat, The Upper Room, One Voice Youth, and Media Power Youth.</li> <li>• Next steps include mid-year and final reports to be submitted to the expert panel, and final presentations at the end of work plan.</li> <li>• The innovative program is open enrollment to apply.</li> <li>• Regular updates will be provided to the Prevention Task Force.</li> <li>• Anyone interested in applying can contact <a href="#">Julie Yerkes</a> for more information.</li> </ul>	
Cost Effectiveness	<ul style="list-style-type: none"> <li>• Tabled discussion for Anna Ghosh to discuss at the next Task Force meeting.</li> </ul>	
Governor's Youth Council Presentation – <i>Aron Silvestre and Kaycee Reagan</i>	<ul style="list-style-type: none"> <li>• The Governor’s Youth Council started in 2017 by Governor Sununu.</li> <li>• The purpose of the council is to give a voice to what teens are thinking, particularly around alcohol misuse, and to raise their voices to state government.</li> <li>• The council currently has 14 members and are looking to have 20 members total.</li> <li>• A portion of their meetings have been to discuss implementing a communication plan throughout NH communities. They have been meeting once a month on the third Saturday of the month via Zoom.</li> <li>• The council wants to know how teens have been impacted for mental health during COVID-19. They have been asked to create a proposal, to request money to be allocated into grants for implementing drug free prevention programs.</li> <li>• Any high school student interested in joining can apply <a href="#">here</a>.</li> <li>• For more information, contact <a href="#">Kaycee Reagan</a> and <a href="#">Aron Silvestre</a>.</li> </ul>	
Legislative Updates	<ul style="list-style-type: none"> <li>• Kate Frey provided legislative updates for New Futures.</li> <li>• Tobacco 21 passed in NH.</li> <li>• Executive order for alcohol to-go did not pass into law. This executive order is still active.</li> <li>• Dellie Champagne shared MTSSB bill passed without financial support.</li> </ul>	<ul style="list-style-type: none"> <li>• Dellie will send out more information for the NAMI Listening Session.</li> </ul>

	<ul style="list-style-type: none"> <li>• New Futures is partnering with NAMI NH to provide a listening session on Aug 25<sup>th</sup> to providers and patients, to review gaps and report back to policy.</li> <li>• For policy priorities for next year, New Futures is encouraging everyone to complete this <a href="#">survey</a>.</li> <li>• <a href="#">HB 1459</a> was "laid on the table" for the year.</li> </ul>	
Governor's Commission Prevention Seat Update	<ul style="list-style-type: none"> <li>• Shannon Bresaw is stepping down from co-chair but will remain as a member of the Prevention Task Force. Donna Arias is willing to serve as the new co-chair.</li> <li>• Betsy Houde made a motion to recommend keeping Tim as the chair and appoint Donna Arias as co-chair. Susan McKeown seconded.</li> <li>• All were in favor and the motion carries to recommend Tim Lena as chair and Donna Arias as co-chair to Donna Soucy, Senate President.</li> </ul>	
Other updates/other business	<ul style="list-style-type: none"> <li>• Kate Frey shared a <a href="#">link</a> to the Family Resource Center.</li> <li>• Rick Frost with NH DHHS shared that in a partnership between the NH National Guard Counterdrug, the New England PTTC ( SAMHSA ), and Marissa Carlson from the Teen Institute, a virtual SAPST training will be offered online: 5 days moderated and credentialed course.</li> <li>• Rick Frost also shared that the Governors Commission Joint Military Task Force is partnering with the NH Dept of Education to implement The Purple Star program, which is an in-school prevention and intervention campaign designed to target military youth with protective factors specifically designed for them, as well as interventions that are also culturally appropriate and designed to address some unique contributing factors. DOE will be the fiscal agent.</li> <li>• The 3 year plan for the Prevention Task Force is wrapping up. Tim asked members to start thinking of the direction of the Task Force moving forward to determine the next strategic plan. The Task Force discussed reviewing representation and data collection.</li> </ul>	

**Next Meeting: October 2, 2020 from 9:30am to 11:30am at Community Health Institute/JSI (Virtual)**

**Zoom Information: <https://jsi.zoom.us/j/305105597?pwd=alJaRy9kZGR0a29tQ0VjRm9EQXY2UT09>**

**Meeting ID: 305 105 597; Password: 975761**