



PREVENTION TASK FORCE

Governor's Commission on Alcohol and other Drugs

Task Force Chair: *Tim Lena* Co-Chair: *Shannon Bresaw*

June 5, 2020
Meeting Minutes

Welcome & Introductions	Participants: Tim Lena, Shannon Bresaw, Julie Yerkes, Jessie Daigneault, Kiera Latham, Hannah Raiche, Kate Frey, Kerran Vigroux, Sam Warach, Sara Breslin, Erin Pettengill, Dellie Champagne, Melissa Lee, Heidi Cloutier, Robert Colley, Marissa Carlson, Heather Inyert, Jeffrey Stewart, Shawn Blakey, Alissa Cannon, Sarah Shanahan, Marissa Carlson, Annika Stanley-Smith, Jill Burke	
Agenda Item	Discussion	Action Steps
Review & Approval of Minutes	<ul style="list-style-type: none"> Review of April meeting minutes. Jeff Stewart made a motion to accept the minutes as written. Sara Breslin seconded. Everyone was in favor and the motion passed to accept the April minutes as written. 	Minutes will be available on the Center for Excellence website.
NextStep Health Tech	<ul style="list-style-type: none"> Sam Warach presented for NextStep Health Tech. NextStep started in 2017 to develop digital health solutions for mental health by applying a new evidence based framework. NextStep provides a check-in app for users to monitor sleep, enter and track their goals, and artistic expression. The app also offers a private community page and share stories through the NH voices initiative. NextStep Health Tech conducted interviews with high school students prior to COVID-19 for feedback. The app will be made public next week as a beta app. Heather Inyert shared she is doing youth leader programs throughout the summer and offered to ask for feedback for NextStep. Sarah Shanahan with HAVEN asked about youth engagement. Sam shared the goal of the app is to meet the students where they are currently at. Annika Stanley-Smith asked if this is app is accessible and a good fit for youth of color? NextStep is working to make the app inclusive to everyone and not of a specific population, religion, or culture. Annika also asked if there is a link for someone in crisis. Sam confirmed there is an emergency or suicide hotline link. Hey NextStep is an app more catered as a hotline and behavioral health resource. Tim Lena suggested adding a hotline specific for youth to text,that is inclusive to 	

	<p>LGBTQ+ youth. Dellie Champagne suggested adding Waypoint, Sam also shared they are also working to expand the app to provide SUD resources.</p> <ul style="list-style-type: none"> • Heather Inyert asked about the cost of the app. The app is free for NH residents, other state residents to be determined. The app is currently not tracking location for privacy reasons but will implement a four tier system in the future, which will ask users which country and state they reside in. Heidi also suggested providing information about Recovery Coaching or Youth Peer Support. • More information about the app can be found at: www.nextstepgoodlife.com 	
UNH IOD and Youth Move	<ul style="list-style-type: none"> • Heidi Cloutier and Shawn Blakey with UNH IOD presented for Youth Move. Creating Connections for NH is a four year grant from SAMHSA to create a continuum of care for adolescents and youths with co-occurring mental health and substance use disorder, to provide recovery and peer support. • Youth population are ages 12-25 with a focus on LGBTQ+, racially and ethnically diverse youth. Each site uses an assessment tool or SBIRT for those schools that provide SBIRT. Pilot sites are located at Greater Nashua Mental Health Center and Granite Pathways in Manchester. They are working to offer virtual services with COVID-19. • They are using the seven challenges as an evidence-based harm reduction method that works towards meeting youth where they are at. The program includes supportive journaling where clinicians respond to for themes and acknowledgment. MAT services are also provided to participants. • The program aims to implement peer support services throughout continuum of care. Heidi and Shawn shared they began investigating alternative peer groups and research back in 2016 to implement into the program. • The focus is on harm reduction over abstinence. Youth peer supporters are available with Revive Recovery. • Tim asked if the program is paid for by grants. Shawn shared the program is Medicaid billable. However, the program does not prevent them from providing services if patients do not have Medicaid. • Tim also asked about engaging students for continuum of care. Individuals that are discharged receive services for continuum of care. • The program is working to address the challenge for funding to sustain peer support. 	

	<ul style="list-style-type: none"> • A survey was submitted to all peer support organizations, SAPs and treatment coordinators that might be interested in this work and staying informed. Heidi and Shawn have been reviewing demographics. • Grant for the program ends September 2021. Anyone who knows of any youth or want any information, contact The Doorway, Granite Pathways, Heidi, Shawn, or Hannah. • More information on Creating Connections NH can be found at: https://iod.unh.edu/projects/creating-connections-nh • More information about the RENEW model can be found at www.RENEW.unh.edu and https://iod.unh.edu/projects/new-hampshire-wraparound-practice-model 	
Sub-committee updates (investment recommendations)	<ul style="list-style-type: none"> • Sarah Shanahan shared the early childhood subcommittee has not met at this time. • Tim shared the sub-committee for MTSS-B met, however Jill Burke wanted more information before proceeding. 	<ul style="list-style-type: none"> • Tim Lena will connect with Jill Burke to determine sub-contract.
Discussion of DOE's recommendations around social emotional issues	<ul style="list-style-type: none"> • Dellie Champagne shared she is on the DOE Task Force to work on opening schools for the fall. A survey was created that went out to stakeholders and received 53,000 participants. Their meeting has been postponed to next week due to reviewing the data. They are aiming to bring this to the Governor's Commission on June 30th. • Heidi shared at the UNH IOD they are also supporting schools around planning for MTSS-B and social emotional learning (SEL). • SB 665 asks for statewide MTSS-B. Dellie asked task force members to write support letters to be submitted to Senator Kahn at Jay.Kahn@leg.state.nh.us. • SB 14 became law and will implement 10 mobile crisis locations. Release of the request for proposal (RFP) is still outstanding. 	<ul style="list-style-type: none"> • Dellie will share a sample of a SB 665 support letter to the task force. • Tim Lena and Debbie Champagne will create a sub-committee to discuss further.
Legislative Updates	<ul style="list-style-type: none"> • Kate Frey with New Futures provided legislative updates. • Legislature suspended activity in March and has been reviewing executive decisions remotely. The House and Senate are reconvening in the month of June. The House will be meeting at UNH's Whittemore Center, while the Senate will move to the House Chambers. • Senate will be reviewing several bills with legislative priority, including the waiver for 	

	<p>telehealth medicine and services.</p> <ul style="list-style-type: none"> • The House needs a two-thirds vote to extend the deadline. • New Futures' Tobacco 21 is a campaign in support for increasing the age for sales and possession of tobacco products. SB 248 passed in the Senate and went to the House, however has not currently been reviewed. New Futures is asking for letters to legislatures. For more information, contact Kate Frey. • Marijuana HB 1663 was voted prior to legislature suspension. • New Futures has been concerned about alcohol policy for alcohol to-go. • Telehealth and MTSS-B have been made a priority. • New Futures held a series of webinars on children's behavioral health and MTSS-B. These webinars have been recorded and are available on New Futures' website. 	
Update on Perinatal Marijuana Safety Work Group	<ul style="list-style-type: none"> • Deferred. No one was on call during this time to provide an update. • Julie Yerkes shared they are currently awaiting to determine a time to meet. • The Perinatal Marijuana Safety work group had created child safety sheets, which is now being distributed through DHHS. 	<ul style="list-style-type: none"> • CHI will follow up with Jill Burke for an update.
Other updates/other business	<ul style="list-style-type: none"> • Treatment Task Force is hosting an Involuntary Civil Commitment Listening Session and is asking those with lived experience, family members, and friends to provide feedback and concerns regarding ICC. They are also asking other task forces to provide feedback. • Annika shared while she needs the parameters in order to weigh in, she has heard from families in support of ICC. • Jeff shared he is familiar with this model in Massachusetts, working with families and patients. More information regarding Massachusetts' model can be found through Section 35. 	<ul style="list-style-type: none"> • CHI will forward this invitation to the task force.

Next Meeting: August 7th 2020 from 9:30am to 11:30am at Community Health Institute/JSI (Virtual)
Zoom Information: <https://jsi.zoom.us/j/305105597?pwd=a1JaRy9kZGR0a29tQ0VjRm9EQXY2UT09>
Meeting ID: 305 105 597; Password: 975761