



PREVENTION TASK FORCE

Governor's Commission on Alcohol and other Drugs

Task Force Chair: *Tim Lena* Co-Chair: *Shannon Bresaw*

June 7, 2019
Meeting Minutes

<p>Welcome & Introductions</p>	<p>Participants: Tim Lena, Shannon Bresaw, Donna Arias, Sara Bresslin, Jill Burke, Marissa Carlson, Traci Fowler, Betsy Houde, Heather Inyart, Katie Kachavos, Kate Frey, Susan McKeown, Laura Milliken, Sarah Shanahan, David Mara, Dellie Champagne, Melissa Schoemmell Phoned In: Annika Stanley-Smith</p>	
<p>Agenda Item</p>	<p>Discussion</p>	<p>Action Steps</p>
<p>Review & Approval of Minutes</p>	<ul style="list-style-type: none"> Reviewed April meeting minutes. Motion was made to approve minutes and seconded. 	<p>Minutes approved</p>
<p>Doorways Presentation <i>Russ Keene</i></p>	<ul style="list-style-type: none"> Russ provided an overview of the Doorways and handouts that included a map of the nine (9) Doorways around the state along with contact information for each of them. It was noted that in the first four months of the Doorways operations, 2,200 clients were served by a Doorway. There was discussion around the problem of migration, with clients preferring not to go to a Doorway near their residence, but travelling elsewhere – overwhelming services in areas like Manchester. It was noted that a full marketing of the Doorways may provide some relief in that area, once everyone is aware of the resources around the state. It was also noted that the goal is to get the client to a resource near where they live. 	
<p>Building Resilience <i>Carolyn Morgan, Ph.D. & Laurel Lombardi, Therapist</i> Carolyn@growingresiliencenh.com (603) 880-9880 Website: GrowingResilienceNH.com</p>	<ul style="list-style-type: none"> Dr. Morgan and Laurel Lombardi provided some insight into the trends they are seeing in their work. They introduced a workshop called “Rewire” which provides life skills training around thoughts and emotions, self-care, talking to people before they are struggling, etc. Rewire is for adults but could be customized for children. They believe starting in Kindergarten, teaching life skills to build on (i.e. coping with emotions, cognitive flexibility, concepts of acceptance, practicing gratitude, and empathy) and introducing a skill each year in the elementary years will help cultivate resiliency. Dr. Morgan and Laurel Lomardi are looking to get the word out about this information. The Task Force referred them to the Department of Student Wellness. 	<p>Shannon will link them to Recovery Friendly Workplace Initiative.</p>

Agenda Item	Discussion	Action Steps
<p>Work Groups – Identify Costs, Research & Anticipated Outcomes for Priority Areas</p>	<ul style="list-style-type: none"> • Systems Subcommittee – This group had a discussion about additional funding available but there was no official meeting held. Jill Burke gave an update that any current contracts in existence are at the contract’s unit waiting to go to RFP or to be contracted to an agency. Nothing will be approved by July 1st, more likely to be approved end of July/August. • Early Childhood Subcommittee – This group met and focused on helping groups understand process since many are new. Family Resource Center dollars passed G&C. • Children & Youth Subcommittee – This group met briefly this morning around additional prevention recommendations for the Alcohol Fund and how to add to/build off of their last recommendations, which were approved. • Emerging & Young Adults Subcommittee – No representative in attendance to report out on. Noted that Aly McKnight will need to be replaced as co-chair on this subcommittee. • Adults Subcommittee and Older Adults Subcommittee – These groups currently have no champion for either subcommittee and neither group has held a meeting. It was voiced that there is concerns around older adults living alone drinking. Jill noted that Kelly Gaspa was willing to be a champion. • With support from the New Hampshire Charitable Foundation, the Prevention taskforce is hoping to coordinate a strategic planning retreat over the summer. 	
<p>Legislative Update <i>Kate Frey</i></p>	<ul style="list-style-type: none"> • SB274 – Relative to the newborn home visiting program - PASSED • HB418 – Retained in Senate but could be back in January. • HB511 – Definition of Vaping is being discussed and this bill has big lobbying behind it in state from the Vaping Technical Assistance group. • SB14 –helps children and families in crisis by expanding access to community-based mobile crisis response and stabilization services. Goal – to have statewide access to mobile crisis units. – PASSED 	

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Governor's Office Update <i>Dave Mara</i>	<ul style="list-style-type: none"> • Secured money from Pfizer to come up with a program (digital anti-drug prevention messaging campaign) to make available for middle/high school students. RFPs were sent out with not many responses. Doing in-house now. • Governor's Youth Council's name has changed to Governor's Youth Advisory Council on Substance Misuse and Prevention. Kids meet once a month from high schools all across the state. They are making this group official with an Executive Order. • New Life Home is a faith-based program that offers addiction treatment for moms and allows their children to live with them while they are receiving treatment. <ul style="list-style-type: none"> ○ A GoFundMe page has been started to raise funds to send children who have witnessed parent's addiction or domestic violence, an opportunity for them to go to a summer camp. Task Force members mentioned potential donors: Nashua Boys & Girls Club, Marissa Carlson indicated if they were older children – the NH Teen Institute could be of assistance, and it was noted that the PHNs also provide scholarships. 	
Other Updates/Other Business	<ul style="list-style-type: none"> • NH Teen Institute – Marissa asked for additional assistance in getting the word out about their summer leadership program. 	
	Motion was made and seconded to adjourn.	Motion approved

Next Meeting: August 2, 2019 9:30AM to 11:30AM at Community Health Institute