

Plans of Safe Care

Case Scenario 1

A woman with a long history of opioid use disorder (OUD) is **on Medication Assisted Treatment (MAT)** with buprenorphine and has been **doing well in recovery for 14 months**.

She is in a relationship with a new partner and they want to have a baby. **She asks her nurse midwife whether she should try to wean off her MAT prior to conceiving**. She is concerned about two things if she stays on her medicine: 1) **neonatal opioid withdrawal** for the baby and 2) talk among her friends that she **might be reported to NH's Division for Children, Youth and Families (DCYF)** if she is taking MAT.

In the past she has **relapsed when she has tried to stop taking her medication**.

After a few months, she has a **positive pregnancy test**.

Reflection Questions:

1. As a provider supporting the care and treatment of mothers in similar situations, what outcomes would you expect related to medication assisted treatment during this woman's pregnancy? What success have you experienced with your patients/clients? What issues impact a healthy outcome for the mother and the infant?
2. Does the hospital need to make a report of suspected abuse or neglect to DCYF in this case scenario? What are important factors to consider in determining whether a report is indicated in any scenario?
3. How would you approach developing a Plan of Safe Care for this mother and infant in your community to help this mother feel optimally supported and help ensure that her baby is healthy and safe?
 - In pregnancy?
 - During the birth hospitalization?
 - Upon discharge to home?
 - During few weeks/months at home?
 - In the first year at home?



Use this worksheet to consider how each of the following roles may be involved with Plans of Safe Care.

	Pregnancy	Birth	Discharge	At Home
Maternity Care Provider				
Pediatrician				
Social Worker				
Perinatal Coordinator				
Home Visitor				
Substance Use Disorder Treatment Program Provider				
Medication Assisted Treatment Provider				
Division for Children, Youth and Families				
Recovery Coach				
Patient				
Other				