



OPIOID TASK FORCE

Governor's Commission on Alcohol and Drug Abuse, Prevention, Intervention, Treatment & Recovery

Task Force Chair: Seddon Savage

January 11, 2018 – 9:00AM-10:30AM

Minutes

Meeting Participants:

In-person: Seddon Savage, Rekha Sreedhara, Helen Pervanas, Beth Hughes, Kim Fortier, Jacqui Baker, Bill Wood, Joe Hannon, Paula Matthis, David Mara, Yashira Pepin, Sandra Kiplagat

By phone: Dan Potenza, Andrea Meier, Phoebe Gauthier

Presenters: John Burns, Daisy Pierce, Dean Lemire

I. Reviewed December 2017 Minutes

- Minutes were approved.

II. Overview of Recovery Support Services & Recovery Coaching in ERs

A. Overview of Recovery Support Services- Dean LeMire/PRSS Facilitating Organization

- Recovery coaches serve important roles i.e. personal guide and mentor, connector and navigator in systems, liaison to formal and community supports (e.g. 12 step community programs).
- They also provide non-clinical, peer-based activities that engage, educate and support an individual to successfully make life changes necessary to recover from disabling mental illness.
- Peer recovery support has four types of social support domains including: emotional, informational, instrumental and affiliational.
- Most importantly, recovery coaches appropriately highlight their own lived experience of recovery.
- In New Hampshire, there are 13 Recovery Community Organizations (RCOs) who provide advocacy, peer support, and employ peer recovery coaches. Harbor Homes in Nashua supports 8 RCOs based on the funding provided by BDAS.
- It was questioned the difference between recovery coaches and sponsors. Sponsors may be involved with the 12 step recovery while recovery coach focuses on a more comprehensive approach.
- In order to become a certified recovery coach, most organizations require: 500 hours in recovery coaching fieldwork and 25 of those hours has to be supervised by a Licensed Drug Alcohol Counselor (LADC).
- Additionally, recovery coaches may be required to complete 46 hours of classroom training on ethics, HIV, Suicide Connect.
 - CCAR Recovery Coach Academy offers 30 hours.

- They also require 14 hour ethics class.
- The requirements may vary from program to program.

B. Navigating Recovery of the Lakes Region - Daisy Pierce

- Bureau of Drug and Alcohol Services/Foundation for Healthy Communities grant funding (10-month) for Substance Use Disorder in Emergency Department Project.
- In partnership with Lakes Regional General Hospital (LRGH), Navigation Recovery of the Lakes Region provides hospital support for patients who recently experienced an overdose in Emergency Departments or those diagnosed with endocarditis in hospital settings.
- The process involves asking the patient if they are interested in meeting a recovery coach. For those who accept, they have a meeting with the coach on site at LRGH within 30 minutes of a referral.
- Coaches provide the following:
 - Links to treatment and recovery resources
 - Additional valuable recovery support resources to patients and their family members
 - A follow-up phone call the day after discharge from LRGH, as well as unlimited continued contact for additional recovery support.
- Since the program began in June 2017, 89 patients have been connected to the organization.
 - 40% follow up with us.
 - 25% do not provide contact information
 - 35% do not follow up or reply when contacted
- Navigating Recovery also works with Belknap Correctional System to offer group coaching including community re-entry 3 months prior to release to the community. In the minimum security, the recovery coaches visit twice a week and they visit once a week in the medium security.

C. SOS Recovery Community Organization – John Burns

- SOS Recovery Community Organization is program of Goodwin Community Health that is in the process of launching a peer recovery supports in a hospital setting.
- SOS opened in 2015 in Rochester.
- Navigates crisis for 30-45 individuals per month seeking substance use disorder treatment, mental health supports, medical care or emergency housing. Majority of those are walk-in.
- Some challenges and barriers had not been foreseen led to a delay to the start of the program but this has been solved.
- As of today: funding has been secured for fee for service, and working through final contractual language with WDH compliance department, and finalizing the employee vetting process.
- The program is expected to launch later this month.

- There is need to secure funding and identify birthing center logistics to launch a pre-natal and perinatal coaching program with Goodwin Community Program.

III. Follow-Ups from Last Meeting

A. Membership

- Rekha reached out to Business representative, Charla Stevens but has not yet received any response.
- Dartmouth Hitchcock is currently working to organize a business forum. More info to come.

B. 211 Website

- 211 website is not easily organized as compared to the NH Treatment Locator for easy retrieval of resources.
- There is a need to publicize 211 to the Regional Public Health Networks to share within the networks.

C. Safe Stations data

- The data needs to include monthly breakdowns. *Kim Fortier will follow-up with Chris from AMR.*

IV. Review November Drug Monitoring Initiative Data Report and Medical Examiners Report

- The number of overdose deaths for 2017 are projected to be lower than 2016.
- 466 deaths have been attributed to overdoses in 2017.
- NHIAC is currently working on the 2017 overview and will be shared in the upcoming weeks.

V. Determine Plan to Pilot Opioid Pharmacy Insert Card

- Minor edits made to the Opioid Pharmacy Insert Card. *The Center for Excellence will format.*
- *Beth will share the Opioid Pharmacy Insert Card with the Hannaford District Manager.*
- A distribution plan will be discussed during the next meeting in February.

VI. Sector/Department Updates & Other Business

- Dartmouth Hitchcock will be hosting NH Harm Reduction Conference on January 18th to be held at Kehas Criminal Justice Training Center, Concord, NH.

Next Meeting: Thursday, February 8, 9:00AM-10:30AM

Community Health Institute, 501 South Street, Bow NH

Conference #: 719-284-5949

Pin #: 55982