



PREVENTION TASK FORCE

Governor's Commission on Alcohol and Drug Abuse, Prevention, Intervention, Treatment & Recovery

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Prevention Task Force August 4, 2017

Attended: Tim Lena, Shannon Bresaw, Valerie Morgan, Marty Boldin, Celeste Clark, Lin Huelee, Susan McKeown, Betsy Houde, Katie Kachavos, Traci Sullivan (New Futures), Donna Arias, Carrie McFadden, Devin Rowe, Annika Stanley-Smith, Kat Howland- PDFNH, David Mara, Sarah Shanahan and Sandra Kiplagat

Minutes from June 2, 2017 were approved.

Office of the Governor- Marty Boldin

Recovery Friendly Workplace Updates

The Recovery Friendly Workplace document originated from an idea promoted during a New Futures retreat. There have been ongoing conversations with a variety of stakeholders including Substance Free Workplace, Partnership for Drug Free NH, Prevention, Treatment and NH Center for Excellence to create a vision, mission, aim and guidelines that promote a recovery-friendly environment in which businesses in NH may choose to adopt. The group has chosen to target workplaces as they do provide public awareness and education.

In addition, the committee is currently examining way to create a recovery flag, similar to the rainbow flag for the LGBTQ community, to promote acceptance of people and reduce stigma in recovery. Marty noted that there are graphic artists working on the recovery flag and he is planning to reach out for guidance in the LGBTQ group on creating an awareness flag in a local, state and national level. Once the flag is drafted, there is process with Governor to have the State to Trademark this flag.

Valerie Morgan inquired regarding measuring the outcomes that have been outlined in the document i.e. improved employee wellness, improved employee attendance etc. Marty noted that there are three possible answers: No, Yes and Maybe. For no, there will be no direct correlation with the established guidelines and the outcomes. In terms of yes, this can be applicable to businesses that utilize the drug-testing approach. In terms of maybe, will there be grassroots movements or the current environment playing a role in this?

Overall, Marty mentioned that the Governor mentioned the Recovery Friendly Workplace guidelines to his colleagues in other states during a national governor's meeting and was very well-received.

Several questions were posed for this document including Shannon who indicated that in prevention, there is no exact science, but how can we demonstrate the relationship between the measures and its respective outcomes? Donna inquired regarding reframing the hiring policies and evidence-based trauma informed services as a part of the approach. Marty answered hiring policies can be addressed if businesses got more involved on the round tables.

Although there are no incentives for businesses to participate, the business owners may voluntarily participate due to the current substance use environment in the State. Betsy Houde noted that business may opt to select their intent to become a recovery friendly workplace.

Through site visits and technical assistance, the business may advance from its intent to becoming one. The LOA model can serve as an example in which policies can be reviewed annually.

Donna mentioned that the LOA model integrated the self-assessment evaluations which improved the reporting results and can be example of evaluation. Susan Mckeown also indicated that her approach with businesses, and rotaries has been beneficial for employees and they really appreciated the information.

The time-frame of the document is for September or October. The Granite United Way engages with businesses during the fall, SMPs and CoC's (Role of regional public health networks to engage with businesses), Regions can be able to support this initiative. Marty can choose to disseminate the document during this forum.

Welcome to David Mara, the Governor's Policy Advisor on Addiction and Behavioral Health. Chief Mara, was a former police chief of Manchester Area and Portsmouth region. With his new position, Chief Mara is becoming familiar with the work of the State on Treatment and Recovery. He believes that education is critical to youth, parents and fellow community members. He reiterated that the substance use has remained somewhat of a cycle from Pills, Heroin, Fentanyl and is expecting Meth and Cocaine to be the new alerts.

Throughout his new position, Chief Mara will work with variety stakeholders to inform the messaging on treatment i.e. treatment does not only occur once. There needs to be discussion on addressing recovery housing as a limited infrastructure in our state. Without housing, people with SUD are more likely to go back to the same environment that may provide easy access to substances. He would also like to use data-driven policies as an approach to engage with the community. There is so much data from variety of inter-connected sectors that need to inform legislative policies.

Anni mentioned that she is currently working on a threat alert document that disseminates information regarding new trends in substance misuse without stigmatizing individuals living in Capital region. The Bureau of Drug and Alcohol Services (BDAS) recently contracted with PDFNH to relay messaging to the general public that are not necessarily scare tactics but remains critical. The emerging trends in the past year have been Meth and Spice. Chief Mara added the importance of youth involvement in addressing the current opioid epidemic in the State. For example, his police unit received training from Connecticut State and involving students resulted in effective training. Similarly, the LOA utilizes the peer to peer model, ensure it is developmentally appropriate.

School Curriculum Presentation-Governor's Office

The group, known as Edventee, by husband-wife partners with a vast experience in prevention, marijuana governor task force and technology presented a video demonstrating the relationship of tobacco and marijuana. This group has developed an online curriculum geared towards substance misuse prevention. By schools recruiting this program, Edventee will perform analytics on specific data indicators: student participation etc. as well as qualitative data. In the State, the rotary club has expressed interest for further dialogue in implementing the protocol in the local, outcome based interventions.

Tim indicated that this web-based approach had 100% response from student participants with an average of 17 responses. In addition, the rotary clubs will promote community partnership. There was discussion regarding the legislation related with the health surveys that has an opt in

option, but Marty indicated that this will not be applicable as this will not be survey-based but education component.

The program has not yet been reviewed as evidence-based but is currently in the application process to be reviewed by NREPP. Members of the Prevention Task Force have expressed interest in learning more about the program. Tim indicated that he will email the group with additional info and materials on the group and if anyone interested to meet up for an adhoc group can email Tim/Shannon and decide on the meeting.

Legislative Updates- Traci Sullivan

- New Futures is having conversations on Tuesday to discuss legislative priorities for the next fall, and will share it with the group.
- The next campaign will focus on Medicaid Expansion for renewal for next year. Collaborating with Recovery Organizations to enlist people impacted to attend hearings).
- New Futures will be releasing a data booklet “Kids Count Data” focusing on overall health metrics, New Hampshire was ranked among the first among states for overall child well-being while for youth (ranked 18th for health).

Governor’s Commission Draft

- The Center Staff (Katy, Amy and Rekha) is currently working on the draft of the State Plan.
- The State Plan report is due October 1 but there has been discussion that the annual report has been extended to December 1.
- On August 31, there will be discussion of the governor’s commission on the specific deadlines for the Annual Report. However, there is a collective group that is meeting on data driven approaches.

Prevention Task Force Recommendations

- Tim and Shannon discussed ongoing recommendations on the Prevention State Plan. What are the work-groups that we need to effectively work on the recommendations? Identify work-groups based on age-group or strategy plans.
- If we wait for the State Plan to be drafted, we may be delayed with our process. Shannon will re-send the final document for members to review.
- Shannon and Tim will meet and send out recommended work-groups and the members of prevention task force can volunteer to attend during off-months.

Prevention Updates (Sent by Traci Fowler)

Top 5 Document

- Tracy and Donna presented the Top 5 document at the Educator Summit, UNH. They also discussed LOA how to address substance misuse prevention and it was well-received.
- Center and BDAS are planning to meet on to discuss training on how to utilize the Top 5 document.
- There is discussion to incorporate further restorative practices in the program (more supportive to schools).
- Collaborations with the Franklin Mayors Drug Taskforce, in Nashua. Core-group students with the peers on suicide based prevention task forces. Reviewing top 5

PDFNH and Frameworks Update

- Frameworks has been working with PDFNH to communicate messaging info, and the next steps include: how to message substance misuse to the public. NH serves as a nation model to the rest of the states.

- Frameworks will establish a “Master the Framer” training model that incorporates 40 hour training including webinars.
- PDFNH is working on a one-pager documenting current recommendations that will be reviewed by Frameworks.
- PDFNH has been awarded funding from NHCF for a three year messaging campaign in Maternal, Child Health focusing on pregnant women.
- PDFNH IS currently working with the Bureau to create a recovery hub website that will be launched in September.

Workforce Development

SAPS

- Anni indicated that some school districts are questioning the importance of funding SAP programs in schools. The SAPS have discussed the importance of sharing the cost-benefit analysis with the respective stakeholders.
- Val mentioned that Anni can collaborate with Jill Burke for the Cost Benefit Analysis approach.

Court diversion

- Rachel and Betsy Houde, will be presenting to adapt healthcare model of screening, brief intervention in Anaheim and Orlando in the upcoming months. Using the S.BI.RT approach, 288 kids have been screened. 39 cases have been closed. 90% of those who have been screened have behavioral health issue, 62% have scored for depression.
- Court diversion is currently analyzing the recidivism data. Stay tuned.
- The program is working with North Country Health Consortium to launch a court-diversion program in Berlin High School in September. Currently working with Farmington, Portsmouth, and Plymouth- challenging CADY to work with the mental health organizations to promote wider-collaboration among organizations.

LOA

- Donna reported that the self-assessment responses went well. LOA received a grant on program implementation (NEASC- New England)- Creating a self-assessment tool for the model.
- LOA brought students to the New England Leadership meeting which was successfully. The student leadership teams will work within their community and chose a team to engage with their community (i.e. similar to ice-bucket challenge).
- LOA is continuing to grow, and the program will move the statewide conference, normally held at Grappone in Concord to Mount Washington.

Transparency about SUD Contracts

- Commissioner Myers discussed the State Budget on the Treatment, Prevention and Recovery. Not all invoices have been paid out. There has been \$7 million left for substance use disorder. Some of the reasons may include:
 - The State contracting process (from RFP to contract may take almost up to 9 months). By the time we discuss money in contracts, half that year has gone, and cannot go back to change the contracts.
 - There has been workforce issue with un-filled positions in the State. There is discussion to create dashboards for all the contracts to be posted on the BDAS website.

Miscellaneous Updates

- The Today's Show discussed CANA Moms- Moms who are breastfeeding and use Marijuana to become more productive moms.

Upcoming Events

- National Cannabis Summit- Denver, Colorado (Traci and Kate Frey will be presenting).
- Training with Overdose Awareness- August 31 at 1:00-4:30pm on the Audubon Center.

See you next time!

Next meeting: **Friday, October 6 , 2017, 9:30am – 11:30am**
at **Community Health Institute, 501 South Street, Bow, NH.**

DRAFT