



# PREVENTION TASK FORCE

Governor's Commission on Alcohol and Drug Abuse Prevention, Treatment and Recovery

Task Force Chairs Tim Lena and Shannon Bresaw

June 2, 2017

## Agenda/Notes

**Attendees:** Tim Lena, Shannon Bresaw, Katy Shea, Valerie Morgan, Marty Boldin, Rick Frost, Aly McKnight (New Futures), Donna Arias, Marissa Carlson, Rebecca Woitkowski, Katie Kachavos, Michelle Myler, Shannon McCullough, Susan McKeown, Laura Milliken, Annika Stanley-Smith, Melissa MacArther (Observer/RN Student) and Celeste Clark.

**Welcome & Introduction:** Aly McKnight (New Futures) will be alternating with Kate Frey in prevention meetings to represent New Futures.

**Minutes** from April 7, 2017 were approved

### Updates from Priority Areas:

Priority Area	Lead(s)	TF Tasks/Other	Updates
Debrief State Planning/Governor's Commission Retreat	Shannon/Tim		<ul style="list-style-type: none"> <li>Each task force prepared a three minute key speech of key recommendations to Governor Sununu and the commission members.</li> <li>The Prevention Task Force strongly emphasized the importance of early childhood and early intervention for the state plan recommendations.</li> <li>There was a general consensus among the commission members. There was discussion on the continued efforts to support Student Assistance Programs.</li> <li>During the afternoon of the retreat, each task force discussed in-depth the proposed recommendations to the commission members.</li> <li>Task force members inquired if they had viewed the final recommendations to the state plan. Shannon mentioned it was the same plan that was distributed on email.</li> </ul>
Center Next Steps	Katy Shea		<ul style="list-style-type: none"> <li>Center members including Amy, Rekha and Katy are currently planning to craft initial goals and objectives for the next Governor's Commission meeting.</li> <li>The draft of the state plan will be presented to the Governor's Commission in August.</li> <li>The final plan is scheduled to be due in October.</li> <li>Anni inquired if the prevention task force will develop a work-plan based on the</li> </ul>

	<p>recommendations. Katy indicated that each task force will develop an annual work-plan based on the recommendations proposed.</p> <ul style="list-style-type: none"><li>• Subsequently, the taskforce will outline the recommendations for the following year.</li></ul>
<p><b>Legislative Update</b>     Aly McKnight <b>Alcohol Fund</b></p>	<ul style="list-style-type: none"><li>• During the last meeting, the house had not yet approved the budget.</li><li>• Therefore, the budget was presented to the senate and they used the governor's proposal as a framework to make recommendations to the budget. The alcohol fund was doubled from 1.7% to 3.4%.</li><li>• However, it remains important that majority of the amendments would have changed the existing law and earmarked the fund to the Sununu Youth Detention Center based in Manchester, NH.</li><li>• There has been discussion that the fund will cover the operational expenses. The Senate Financing Committee submitted budget with the inclusion of the detention center, and it failed 14-9. The commissioner has the jurisdiction to fund the alcohol.</li><li>• It remains unclear the amount of money that has been earmarked for the Sununu Youth Detention Center. There are also concerns regarding if the center will serve young people with alcohol use or across the substance use spectrum.</li><li>• In the state, there is currently no residential treatment targeted for the youth and the center has approximately 59 and the maximum capacity is 140. Members of the Governor's Commission are interested in providing some expertise on the situation.</li><li>• Marty indicated that although advocacy is encouraged, it remains highly important to fact check these ongoing talks and discussions. The process of providing the funds is not the responsibility of the Governor's Commission, but is based on the State.</li><li>• Susan McKeown noted that there has been little discussion on stigma but remains an important topic for these conversations. Stigma is impeding the progress of families seeking treatment and indirectly affecting the</li></ul>

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**Full-Day  
Kindergarten**

**Marijuana  
Legislation**

budget. New Futures will work on developing the appropriate messaging to tackle the stigma piece.

- The Sununu Center remains a huge under-utilized resource in the state supported by members of the commission. Discussion has not been finalized but currently in the process. Home-visiting model is currently being explored as a model to be considered for the Sununu Center. However, it is critical to remember that there are strengths and weaknesses for each model.
  - Finance house committee, establishes the community to have full-day kindergarten and the bill passed with a strong vote of 210-100.
  - The full-day kindergarten will now have different revenue. Parent can opt out of the full-day kindergarten. There is some disagreement on the support of KENO by the house and senate. However, a conference committee may be formed to discuss the disagreement on the support of KENO.
  - Decriminalization bill is likely to be passed by the governor. Therefore adults found with  $\frac{3}{4}$  of an ounce of Marijuana (approximately 40-45 joints) will not be arrested but will be fined like a traffic ticket.
  - However, youth (individuals under 21) are excluded from this bill and may be charged and arrested for possession. For the youth, there will be an option to participate in risk-assessments to determine if they have substance-use disorder.
  - Aly has notified the task members that she will clarify the tenets of the bill of adults vs. youth.
  - The fines will be given to the alcohol fund. Donna Arias questioned the consequences of not paying a fine. For example, in Massachusetts if the fine was not linked to license, therefore people would get away without paying the fine. Thus, what are the consequences of not paying a fine in New Hampshire? Marijuana possession among children remains illegal. The law is expected to go into effect in January 2018.
  - There was a brief discussion on legalization vs. decriminalization. Research studies have
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	<p>shown legalization will result in the increased access. NH has been ranked as a top 3 state for using marijuana among 12-24 year olds. Tim informed the members to watch the YouTube video called: Tobacco 2.0 that supports the legalization of marijuana using the premise of therapeutic cannabis while attempting to expand business from tobacco to include marijuana.</p> <ul style="list-style-type: none"> <li>• Research studies have indicated that laboratory mice (juvenile) using THC are 100x more likely to directly use the opiates compared to the adult mice. There needs to be discussion on gateway drugs etc. Conference committees have yet to explore the discussion of chronic pain and Marijuana.</li> </ul>
<p><b>PDFNH &amp; Frameworks Update</b></p> <p>Traci Fowler</p>	<ul style="list-style-type: none"> <li>• NH Charitable Foundation will be bringing Frameworks Institute to provide training on June 12-June 13 to the state. There are additional spaces for task force members for frame lab workshop from 8-12 on June 13 at the Holiday Inn in Concord.</li> <li>• On June 13, there will be a full-day training on Key Findings, Implications, Framing the Topics, how to apply the research to ongoing communication.</li> <li>• The 2 sided one-pager “what is prevention” is currently under development and will be reviewed with the Frameworks Institute to ensure the guidelines align and consistent with prevention messaging.</li> </ul>
<p><b>Therapeutic Cannabis/ATC:</b></p>	<ul style="list-style-type: none"> <li>• There was discussion of an individual (outside vendor) who came to the Plymouth State Campus and distributed brief materials on how college students can access therapeutic cannabis based on pre-existing conditions. The individual was found to be an employee of an ATC. As a result, ATC has stressed that they have instituted policy that no employee will advertise or distribute materials to college students or the community at large while not at work.</li> <li>• In addition, Plymouth State offers Medical Cannabis that is advertised around campus how it can be a therapeutic treatment such as physical therapy etc. Members of the task force inquired if the professor of the class has</li> </ul>

	<p>been contacted. Traci fowler and Kate Frey will be presenting on the National Cannabis Summit in Denver Colorado in August to discuss the child safety documents distributed through the prevention task force.</p> <ul style="list-style-type: none"> <li>• There are no updates on the Vape Shops. Massachusetts News station did coverage on “CBD” oils being sold on Vape Shops. There will be discussion on this topic area during future meetings.</li> </ul>
<p>Synar Compliance Checks</p> <p>Kate/Celeste</p>	<ul style="list-style-type: none"> <li>• The Bureau is establishing the Synar compliance checks based on SAMHSA’s block grant guidelines. FDA now passed all e-cigarettes and vape shops are considered tobacco. The compliance checks will include if the store representative has asked for an ID.</li> <li>• In addition, the NH Division of Liquor Enforcement and BDAS are going to do merchant education. The store owners/representatives will be educated, advertised good for community and the business. The merchants will be awarded a certificate if they are following the guidelines. They are considering collaboration with the Regional Public Health Networks to network with the merchants and to develop relationships with these members in the community.</li> <li>• Kate and Celeste met with NH retailers/restaurants association. There was discussion on rewarding the host/cashiers once they have carded individuals. The members were receptive to all these information. In the past with increased funding, these discussions resulted in lowering the alcohol consumption.</li> </ul>
<p>Top 5/Model School of Policy</p> <p>Tim/Shannon</p>	<ul style="list-style-type: none"> <li>• There was discussion to integrate more resources from schools that incorporate the restorative piece. This will serve as a supplement to the Top 5 document.</li> <li>• Furthermore, Governor Sununu requested subject-matter experts to highlight key issues on the Top 5 document that illustrates evidence-based programs in prevention education. The subject-matter experts noted the importance of multi-tiered support. In the one-pager, there were model programs</li> </ul>

that were highlighted including: Life Skills Training, Too Good for Drugs, LEAD (Law Enforcement Against Drugs) Good Behavior Game, Media Power Youth, and Early Childhood. Also, the document highlights the importance of having a model-policy and implementing student assistance programs. Alcohol EDU for HS, have recently incorporated the prescription use to follow the same tenets as Alcohol EDU.

- For schools which are unsure on what program is appropriate, the school representatives may reach out to coalitions, the substance misuse prevention coordinators and the DOE. Katy highlighted that there are caveats to prevention programs for example not all programs are good fit for rural community, city community and all NREPP programs have to be examined from the outcomes and not just based on evidence-based.
- All programs are done at the school-community level guiding communities, guiding leadership, examining the data and bringing together diverse stakeholders from the community including SMPS, youth, and teachers etc. to discuss the recommendations.
- The center recently received a TA request on the model school policy specific not using suspension as a punishment for an ATOD infraction. Sanborn has restorative justice. Donna can reach out to principals around the state regarding the policy. Michelle Myler will also research into it and provide any information.

**PDFNH Speak Up  
NH Campaign**

- The Speak Up NH Campaign is out on the PDFNH website.
- Anyone Anytime materials can be obtained by reaching out to Randy Moser, the Bureau's Heath Promotion Advisor. To email Randy please reach out:  
Randolph.Moser@dhhs.nh.gov

**Upcoming Events**

- June is National Safety Month.

- June 17th, the Governor's Youth Council from 8th grade- 12th grade. Reach out to Marty Boldin.
- Summer Leadership Program 2017 for teens from July 9th to July 14th, 2017

**New Business:**

**Next Meeting: Friday, August 4, 2017, 9:30-11:30 at  
Community Health Institute, 501 South Street, Bow, NH.**