



PREVENTION TASK FORCE

Governor's Commission on Alcohol and Drug Abuse, Prevention, Intervention, Treatment & Recovery

Task Force Chair: *Tim Lena*, Timothy.Lena@timberlane.net Co-Chair: *Shannon Bresaw*, Shannon.Bresaw@graniteuw.org

Prevention Task Force February 3, 2017

Attended: Traci Fowler, Tim Lena, Shannon Bresaw, Katy Shea, Nico Catano, Michelle Myler, Marissa Carlson, Devin Rowe, SSGT Rick Frost, Celeste Clark, Annika Stanley-Smith, Laura Milliken, Karen McFadden, Susan McKeown, Sarah Shanahan and Betsy Houde

Minutes from December 2, 2016 were approved.

Co-Chair Update

The NH Children's Behavioral Health Collaborative's primary focus has been on mental health issues and has not interfaced enough with substance misuse. Traci has been appointed chairperson of the Collaborative and will be shifting her time to focus on that initiative. Shannon Bresaw will now serve as co-chair of the Prevention Task Force with Tim Lena.

Decriminalizing Marijuana Legislation

New Futures did not take an official stand on opposing this legislation, but worked proactively behind the scenes to make the legislation tolerable. The pro-marijuana contingent is against this bill since it's the most strict bill possible. Discussion ensued around local coalitions -- Substance Misuse Prevention coalitions and Drug Free Communities coalitions -- still being free to take a stand against this legislation. The group identified a gap within communication channels to inform local coalitions and key stakeholders about the pros/cons of this bill so people understand the ramifications of it passing. Legalization is most likely off the table for this year. Please see HB640 for the decriminalization bill and HB656 for legalization. It was suggested that handouts or other simple communications pieces be created or distributed to inform people. There is a White Paper already, which can be used. See Devin Rowe for a copy of the White Paper.

New Futures next leadership/advocacy training is March 7. Please share this date with your colleagues and volunteers.

SB196 Alcohol Fund Legislation

Legislation is pending to honor the formula for the Alcohol Fund. There is a press conference on Tuesday, February 7th at noon, followed by the hearing at the NH State House at 1pm. Please reach out to Sheila Vargas at New Futures to get more involved. This has been our long-term goal for the last several years and is critical to our efforts.

State Plan: Landscape of Prevention

Katy presented the subcommittee's efforts to update the prevention section of the State Plan for the next several years. Each Task Force is working on its own efforts which will be coordinated/consolidated into the final Plan. Data has played a key role in the planning toward recommending priority areas. Our planning team includes Katy, Tim, Val, Devin, Celeste, Rick, Michelle, Shannon and Anni. Additional members may be tapped as their expertise is needed.

The subcommittee broke the work into five topic areas, referencing that prevention should occur across the lifespan -- early childhood, middle school, high school, young adult and older adults. They've been exploring national research when NH data is scarce. Katy shared a comprehensive chart by all of the prevention services available across each region, including:

SAPs, Life of an Athlete communities, DFC grantees, Service to Science projects, Prescription Drug Drop Boxes, DARE communities, Youth Leadership Councils, and so forth. Additional prevention initiatives were recommended to include: Accredited Juvenile Court Diversion Programs across the different regions, the Child Advocacy Centers in NH and domestic violence services, linkages to health care including current SBIRT initiatives and the prevention aspects of the Integrated Delivery Network plans in the seven regions throughout the State. We also need to add the Parent Support Groups through FASTER and similar groups as resources throughout the state. Susan indicated that most parents attending one of their 17 groups have older children beyond the teenage years. Some groups only have 2-3 parents attending. It was suggested that not all of the existing resources may be well-funded and/or sustainable going forward.

Michelle shared the Department of Education's landscape of school district initiatives across the state which can be sorted by age level, community, focus area, intervention, partner and so forth. They are working on building a multi-tiered system of support for students in schools around behavioral health/wellness, and are about to launch the first toolkit on the Department of Education website. They are also working on the mandate to include prevention programming in schools. A position may be needed to help coordinate the framework.

The subcommittee will address program specifics to ensure curricula are up-to-date with initiatives such as DARE (new name is Keeping it Real). Tim mentioned the idea of including train-the-trainer options so that we can build in-state capacity/sustainability.

Next meeting is February 24 where they will share current observations. Final recommendations for inclusion in the State Plan will be made in April. More to follow!

PDFNH Messaging Review/Small Group Discussion

The Partnership identified the need to develop key communication strategies around Prevention. Using technical assistance from Frameworks, CADCA and others, Devin and her team has been trying to define "prevention" without giving it a definition that will be put in a box. Although we all have the same goals, we all talk about it in slightly different ways. Prevention includes individual activities along with societal responsibilities, and so forth, so it's fairly complicated to explain. Devin shared an outline of FAQ's they are working on to create messaging for parents and a more complex piece for substance misuse professionals. It is hoped that enough will be complete to incorporate into our recommendations for the State Plan.

PDFNH Anti-Stigma Campaign Launch

Devin shared the Speak Up NH Campaign to complement the Anyone Anytime campaign to address the issues of stigma. They are partnering with a wide array of stakeholders to launch the initiative on Wednesday, February 8th at 10am at the Executive Council Chambers at the State House. Governor Sununu will be attending. Thirty-seven people offered to participate in the campaign, which was a great turnout, although concerns around stigma were apparent during the preliminary interviews. Stay tuned for more info as the campaign launches!

Devin also shared a handout about the importance of language. Info will be on their website soon. The Partnership has bi-monthly meetings. The next meeting is in April -- 3rd Wednesday, 12pm-3pm, held in the New Futures Conference Room.

NH Juvenile Court Diversion SB533 Update

Betsy presented about the NH Juvenile Court Diversion Network's SBIRT initiative and shared the S2BI/PHQ-2 tool they are using with teens arrested for first time offenses. They have been working with CHI to adapt the healthcare SBIRT practices to best fit with what works for

juveniles in their settings. The form used to interview the youth during intake is not as complex as the one Betsy shared -- this version is their scoring/next steps tool. Betsy also shared that their 1- and 3-year recidivism study for youth completing accredited programs in 2012 and 2014 showed that 78% of youth were free from arrests one year after program completion and 58% were still free from court involvement three years later. They are currently reviewing national data to see how NH's results compare across the country. SB533 funding has allowed the Network's accredited programs to be reimbursed for time put in all of the planning, early adopters meetings, and piloting the tool, as well as outreach to area police departments to encourage more referrals to diversion for first time arrests. Going forward, as programs submit their data for youth that are screened with the S2BI, they will be eligible for incentive funds. The Network is grateful for the Prevention Task Force recognizing the benefits of juvenile diversion since their work doesn't appear on any state-level "radar screen" since these youth don't appear on state caseloads.

Alcohol Fund Recommendations for the upcoming year

Given that the current State planning process doesn't coincide with the need to identify projects to be funded with the current Alcohol Fund resources, the Task Force was tasked with submitting recommendations for the coming year (separate from the restoration of the Alcohol Fund). Traci reviewed the menu of things to be included, using strategies across the lifespan. It was recommended that current initiatives be continued, along with adding some flexible funds to address innovative program addressing children and families. The importance of having funds allocated to the impact of toxic stress on children/teens -- whose parents/family members may have substance use disorder -- was identified as an important target group for funding.

Meeting ended at 11:38am.

See you next time! NEW Location!

Next meeting: **Friday, April 7, 2017, 9:30am – 11:30am**
at **Community Health Institute, 501 South Street, Bow, NH.**