

# Governor's Commission Prevention Task Force

October 2, 2015

9:45am-11:45am

Division of Enforcement and Licensing  
57 Regional Drive, Concord, NH

9:45	<b>Welcome &amp; Introductions</b>	Traci
9:50	<b>Update on final SB106 recommendations</b>	Traci
10:00	<b>Update on relevant legislation and ATC Advisory Council meeting</b>	Kate Frey, New Futures
10:20	<b>Next steps re: communication to ATC vendors</b>	Traci
10:40	<b>Review updates to the Model School Policy</b>	Katy, All
11:00	<b>Dept. of Education Presentation:</b> Federal Safe Schools/Healthy Students (SS/HS) and Project AWARE Grants; the objectives and projected outcomes.  <b>Discussion:</b> How can the substance misuse prevention field connect more intentionally to SS/HS and Project AWARE to better interface and support the work?	Mary Steady, DOE
11:45	<b>Adjourn</b>	
	<b>Next Scheduled Meeting Friday, December 4th 9:30-11:30AM</b> <i>Mark your calendars</i> for Prevention Task Force meetings on the 1st Friday of every other month –December, February, April	

**Thank you for your time!**  
**Look forward to seeing you in December!**



# PREVENTION TASK FORCE

Governor's Commission on Alcohol and Drug Abuse, Prevention, Intervention, Treatment & Recovery

Task Force Chair: Traci R. Fowler, MSW, CPS [tfowler@lrpph.org](mailto:tfowler@lrpph.org)

## Governor's Commission Prevention Task Force October 2, 2015 Meeting Action Steps

Present: Traci Fowler, Katy Shea, Marissa Carlson, Tim Lena, Katie Kachavos, Susan McKeown, Sarah Shanahan, Celeste Clark, Valerie Morgan, Kate Frey, Mary Steady (Office of Student Wellness, NH Department of Education) and Betsy Houde.

### **SB106 Recommendations**

Traci shared final policy recommendations of the Task Force regarding Senate Bill 106 (synthetics). A key recommendation involves updating educational materials and public messaging with current information and streamlining efforts, as much as possible, with current media campaigns.

### **Alternative Treatment Center (ATC) Advisory Council Discussion**

Kate Frey from New Futures presented about the ATC Advisory Council. Its authority is to identify measures for the programs' effectiveness. No DHHS staff were added to handle the additional need for rules so it currently falls under Mike Holt in the Office of Operational Support (the legal and licensing arm of DHHS). The council met last week and new appointments were added -- a public member and legislative rep. It's unclear if/how the Council should continue once the dispensaries are up and running. Currently the council includes police chiefs, Medical Society rep and so forth, representing opposite views.

Four vendors have been chosen for dispensaries to be located in the following communities -- Merrimack, Lebanon, Plymouth and Dover

Cultivation -- Manchester, Rochester and Peterborough

Public input sessions were already held; however, Town approval is the final piece.

Administrative rule-making will be opening up again to address issues such as conditional approval of cultivation sites so they can grow product in preparation for dispensary's opening date, patient pre-registration given that cards can't be issued until dispensaries are up and running which has caused challenges, and so forth.

Recent concerns have emerged around access to youth, diversion, and having cannabis-infused products fall into the hands of youth. Labeling/packaging are most concerning to folks in Colorado. In NH, there is NO current upper limit on the amount of THC that can be included in cannabis-infused product. Colorado has a 10mg of THC upper limit. It has been recommended via a public hearing and written follow up that NH add this requirement. It is unclear whether this will wind up in the final set of rules. The Joint Legislative Committee on Administrative Rules (JLCAR) next meets October 17th. It's unclear whether any recommendations will make it onto that meeting agenda.

CADY (Plymouth) requested that their dispensary provide Lock Boxes to patients. Unclear whether the Plymouth-area dispensary will follow that recommendation.

It was agreed upon that the Prevention Task Force will draft a letter to the ATC vendors to introduce ourselves and offer assistance on several key areas, including safe storage recommendations,

educational materials/connection to local prevention-treatment and recovery resources as well to begin a discussion about measuring outcomes. Traci, Abby and Kate will be meeting later today to further discuss and draft the letter.

### **MODEL SCHOOL POLICY -- The Top 5**

Katy presented the final version of the "Top 5". Since our last meeting, Katy added a rationale for why the Top 5 were selected as well as an end note page where people can follow up for more information.

The product needs to be "endorsed" by the Commission October 23rd. Traci will ensure its emailed with approximately a week to look it over.

The group brainstormed dissemination strategies: Betsy suggested using this tool as a way that schools can have an impact on addressing the current heroin crisis. Val recommended a comprehensive communications strategy to ensure that the information gets where it needs to go. Tim suggested including administrators in addition to SAP's in any training about this document. The group also noted that Donna Arias (Life of An Athlete) is a subject matter expert through her current project and could be engaged to help get the word out. Mary Steady indicated that we could get on the agenda of the Superintendents Association and School Board Association. The state's minimum standards changed as of 7/1/15 to teach about substance use, etc., so the timing is perfect. Jack Wozmak could present The Top 5 during his upcoming presentation to the Superintendent's Association. There's also a School Nurse Association and Parent-Teacher Organization we may want to target.

### **Department of Education Presentation [www.NHStudentWellness.org](http://www.NHStudentWellness.org)**

Mary Steady is the administrator of the newly formed Office of Student Wellness through the Department of Education.

Safe Schools Healthy Students and Project Aware are their two large federal grants they have launched. They are 4 or 5-year grants and provide \$500k per school district per year.

27 instructors have been trained to *train* Youth Mental Health First Aid. 400 people have been trained in Youth Mental Health First Aid (how to recognize and respond to issues prior to when EMT's get there). Includes school bus drivers, school resource officers, and so forth, and is an 8-hour training. It's meant to be implemented for 12- to 18-year-olds.

There's also a Mental Health First Aid project aimed at training *adults* that targeted mental health centers. Youth Mental Health First Aid is an adults-only model, so teens are not currently being trained. Once certified as a first aider, there's some data that needs to be provided about their linkages to see if it's been effective.

Mary also chairs the NH Children's Behavioral Health Collaborative, and has linked with a sizeable number of colleagues around the state with a similar focus. She's also a member of the Governor's Commission on At-Risk Children and Youth. Mary was recently tasked with taking on the state's Early Warning Data System that looked at attendance and school nurse visits to help identify at-risk students... will be adding social/emotional components, as well, which has implications for further partnerships -- juvenile justice, SAP, etc.

We are pleased to welcome Mary as a new member of our Task Force.

**Promoting Resources for Families** Susan expressed her frustration with lack of FASTER participation in parent/family support groups around the state based on the number of people impacted by substance use disorder. Traci also recommended ensuring that information is handed out with Narcan kits.

**Media Power Youth** in NREPP final review and soon to be evidence-based. Media literacy training coming up November 17th See Sarah for free participation.

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## See you next time!

Next meeting: **Friday, Dec. 4, 2015 – 9:30-11:30am**  
at **Division of Enforcement and Licensing, 57 Regional Drive, Concord.**