

Levels of Care

- **Withdrawal Management (Detoxification)** — Service aimed at managing acute substance dependence as defined by the presence of intoxication and withdrawal. This service helps stabilize and prepare an individual with a substance use disorder to enter treatment and may be delivered within an inpatient or outpatient setting.
- **Outpatient Counseling**
 - *Individual Outpatient Counseling* — Service provided by a clinician to assist an individual to achieve treatment objectives through the exploration of substance use disorders and their effects, including an examination of attitudes and feelings, and considering alternative solutions and decision making with regard to alcohol and other drug related problems.
 - *Group Outpatient Counseling* — Service provided by a clinician to assist two or more individuals and/or their families/significant others to achieve treatment objectives through the exploration of substance use disorders and their effects, including an examination of attitudes and feelings, and considering alternative solutions and decision-making with regard to alcohol and other drug related problems.
- **Intensive Outpatient Programs** — Structured individual and group alcohol and/or drug treatment services and activities that are provided at least 3 hours a day and at least 3 days a week according to an individualized treatment plan.

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- **Partial Hospitalization** — Combination of 20 or more hours per week of group and individual sessions in conjunction with, either directly or through referral, medical and psychiatric services, psychopharmacological services, addiction medication management, recovery support services and 24-hour crisis services.
- **Residential Services** — Program providing 24-hour support and services where an individual lives full-time at the program and receives individual and/or group counseling, educational sessions and introduction to self-help groups.
- **Recovery Support Services** — Services provided to individuals and/or their families to help stabilize and support recovery. Services may include employment services, anger management, recovery mentoring/relapse prevention management, peer recovery coaching, care coordination, childcare, transportation, sober housing, and other supports.
- **Medication Assisted Treatment** — Treatment that includes medication prescription, supervision, and management paired with counseling or other treatment services. Common medications include buprenorphine (Suboxone), Methadone, Naltrexone, Acamprosate, and Disulfiram.